



Los Angeles County Commission for Women

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NOMINATION APPLICATION 29th ANNUAL WOMEN OF THE YEAR AWARDS SCHOLARSHIP LUNCHEON

The nomination application is to include a biography of the nominee. Copies of this form can be downloaded from the Commission's website at <http://laccw.lacounty.gov>

NOMINEE INFORMATION:

NAME: _____ EMPLOYER: _____
ADDRESS: _____ JOB TITLE: _____
CITY: _____ STATE: _____ ZIP: _____ WORK ADDRESS: _____
HOME PHONE: _____ CITY: _____ STATE: _____ ZIP: _____
CELL PHONE: _____ WORK PHONE: _____
E-MAIL: _____ FAX: _____

CRITERIA

Nominees must have worked on behalf of women's issues; made significant contributions to women's equality issues, and served as a role model for women. Previous members of the Commission may be nominated for their current professions and other activities relating to advocacy for women. Previous recipients are not eligible for this award. (See list at: <http://laccw.lacounty.gov>)

Applications for nominations within these categories may be received from the community and Commissioners. If applying in more than one category, a separate application is required.

NOMINATION CATEGORY (to be considered, choose only one appropriate choice)

Education _____	Health _____	The Arts / Media _____	Business / Labor _____	Law / Public Safety _____
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NOMINATION SUBMITTED BY: DECEMBER 20, 2013

NOMINATOR: _____ DATE: _____
ORGANIZATION: _____ PHONE: _____
JOB TITLE: _____ WORK PHONE: _____
ADDRESS: _____ CELL PHONE: _____
CITY: _____ STATE: _____ ZIP: _____ FAX: _____
E-MAIL: _____

Women of the Year Awards Luncheon

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PROCESS OF SELECTION

The Women of the Year Awards recognizes up to ten (10) women who are outstanding role models for the over **4 million** women in the County of Los Angeles. District Awardees are selected by each Los Angeles County Supervisor and Community At-Large Awardees are selected by the Commission for Women in the following five categories: **Education, Health, Media/Arts, Business/Labor, Law/Public Safety**. All nominees will be rated on a scale of 1-4 for each of the following areas below. The highest overall score will receive the award nomination.

NOMINEE Kimlin Ashing, Ph.D. CATEGORY Health

Please describe your Nominees participation in the following areas in relation to the category chosen:

1. My nominee has worked on behalf of women's issues by:

...having a lifetime commitment to research and community capacity-building to reduce the burden of cancer and improve outcomes for ethnic minority and socio-economically disadvantaged women. Dr. Ashing is our diversity and inclusion champion in the health arena. She a leading behavioral scientist focusing primarily on the effects of breast and cervical cancer on diverse populations, as well as primarily prevention intervention designed to increase healthy eating and physical activity. As a woman of color raised in a multicultural home (Chinese and Afro-Caribbean) and the daughter of two cancer survivors, Dr. Ashing felt a calling to community-engaged health equity. She became a clinical psychologist with expertise in the psychological, cultural, and socio-ecological aspects of health disparities and cancer control. She conducts pioneering and seminal behavioral and community-based participatory research that contributes greatly to the field in understanding the effects of cancer and improving survivorship, particularly among ethnic and linguistic minorities.

After a decade as a Research Psychologist at UCLA, in 2006, Dr. Ashing founded and directs the Center of Community Alliance for Research and Education (CCARE) at City of Hope. CCARE focuses on underrepresented and underserved communities to optimize health communication, education, and information dissemination via community-engaged activities as well as nurturing women's health careers and leadership development to address health disparities - especially the disparate outcomes for cancer and other chronic diseases. Under her leadership, CCARE has implemented programs and developed educational resource materials addressing cancer risk factors, survivorship, surveillance, and programs to improve ethnic minority inclusion in accessing care and research participation.

2. My nominee has made significant contributions to women's equality issues by:

... being a notable scientific leader herself and promoting the advancement of women in the scientific arena. In addition, Dr. Ashing's work in examining health-disparities and the role of lived-experiences in impacting health adds greatly to the knowledge base and is put into action through her demonstrating best practice community strategies to reduce and eliminate inequalities and health disparities in cancer and chronic disease outcomes via education, prevention, and research participation; and in accelerating the application of behavioral health interventions in minority populations - especially low-income women, and ethnic and linguistic minority women.

3. My nominee has served as a role model for women by:

...demonstrating integrity and dedication as a community-minded researcher and educator championing the voice of those who are socio-economically underprivileged; mentoring young women to achieve prominence in their professional career; and by balancing a strong, nurturing family life - Dr. Ashing is the mother of three children - with a highly successful and demanding professional career focused on making a difference in improving multicultural women's cancer survival as well as career development for her mentees.

4. How has your nominee demonstrated an attitude of empowerment and positively influenced and helped women to forge ahead:

Her personal warmth, keen mind, and generosity of spirit serve to create a collaborative and productive environment. Through the projects and funding facilitated by Dr. Ashing, 8 community organizations have been empowered and equipped to establish breast cancer survivor navigator/promotora training and intervention programs. In 2013, two community organizations received over \$150,000 in funding based on their proposals built on Dr. Ashing's survivorship work and intervention. Between 2012-2013, 27 breast cancer survivors completed the navigator/promotora training and demonstrated a positive impact on cancer survivorship for themselves and other newly diagnosed patients and survivors. These navigators/promotoras have touched the lives of hundreds of cancer survivors throughout Los Angeles County and Southern California to improve access and quality of care.

Dr. Ashing has mentored more than 100 women in their professional development - 7 early career professionals, 8 post-doctoral scholars, and over 90 students. Currently, under her support, inspiration, motivation and guidance, a staff member was recently honored with the 24th Senate District's 2012 Women of Achievement award and is pursuing her MPH degree; another completed her nursing degree; a junior faculty member received funding to study communication and support among Asian American breast cancer survivors and has advanced to Assistant Professor at Wake Forest University; a post-doctoral Fellow has advanced to a research faculty post at the University of California, San Diego; and two post-doctoral Fellows participate within CCARE. Dr. Ashing's current Fellows are women from underrepresented groups in science and medicine.

Overall, Dr. Ashing strives to mentor and support her mentees to cultivate their research interests, explore under-studied issues, and reach their fullest potential by creating a learning environment that is supportive, fosters open dialogue, and nurtures personal growth.

Reason(s) for Nomination, additional comments or more specifics:

Dr. Ashing has been a valued partner with the Office of Women's Health for over 10-years, presenting her research to our stakeholders on numerous occasions. She has a true passion and commitment for advancing cancer survivorship research and interventions as well as community capacity-building. Dr. Ashing has published over 60 articles, 6 book chapters, given over 80 scientific presentations documenting and addressing the needs of African American, Latino American and Asian American cancer survivors. In developing strategies to translate scientific knowledge into community practice and benefit, she includes the participation of diverse stakeholders including lay communities, advocates, scientists, practitioners, private and public sectors, and policymakers. Her studies and projects are multicultural and multilingual, and include diverse ethnic groups such as African Americans, Afro-Caribbean Americans, Latino Americans, Chinese Americans, Japanese Americans, Filipino Americans, Korean Americans and European Americans. Dr. Ashing participates in international collaborations and serves on numerous national, state, and local advisory councils including the advisory council for the Wellness Center at Martin Luther King Hospital.

Her valuable research on breast and cervical cancer has received numerous honors and awards such as the Scientific-Community Partner Award from the American Cancer Society, San Gabriel (2009), Women of Color Breast Cancer Survivors Advocacy Award (2009), and most recently, the 2011 California Breast Cancer Research Program's Faith Fancher Research Award and California's 57th Assembly District Women of Achievement Award (2010, 2011).

Dr. Ashing and her CCARE Team join forces with multi-sectorial partners representing public, private and faith-based organizations to reduce health disparities. Their productive, collaborative efforts strive to bring health equity via; 1) health needs assessment within local communities; 2) implementing Eat, Move, Live and other community and school-based programs to increase healthy eating and physical activity; and 3) community capacity-building and navigator/promotora training at the grass-roots level to tackle the burden of cancer especially among medically vulnerable populations. Her work is always compassionate and inclusive. Dr. Ashing's national and international recognition of her work give credence to her exemplary scholarship and community activism to reduce health disparities and make strides towards health equity .